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**PATIENT INSTRUCTIONS for  
COLLECTION of POST VASECTOMY SEMEN SAMPLES**

**SAMPLES FOR SEMEN ANALYSIS TESTING ARE ONLY TESTED ON  
MONDAYS, WEDNESDAYS, AND FRIDAYS  
FROM 6 AM TO 6 PM**

*(Samples received during any other times will be discarded and will need recollected)*

**CAUTION:** For accurate test results, read Patient Instructions completely before performing this test.

**Test Precautions:**

- ➔ For accurate results, please refrain from sexual intercourse and masturbation for between 2 and 7 days prior to collection.

**Specimen Collection:**

1. Produce the sample by masturbation without artificial lubrication.  
When collection by masturbation is not possible, special lubricant-free condoms from Millex Products, Inc, may be used.
2. Collect the sample in a clean, wide-mouth container made of glass or plastic. It is important that the whole ejaculate be collected. If not, the sample should be labeled "incomplete" and the laboratory staff should be informed
3. Label the specimen with your Name, Date of Birth, Collection Date and Collection Time.
4. Bring the sample container to one of the main hospital laboratories **as soon as possible**. Samples collected and not delivered to the laboratory within 2 hours of collection will be cancelled and a 2<sup>nd</sup> sample will be requested (2-7 days later).

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_ Collection Time: \_\_\_\_\_

1. How many days abstinence prior to collection? \_\_\_\_\_
2. Type of specimen container (*circle one*):                      Wide mouth plastic cup / Condom
3. Method of Collection (*circle one*):                              Masturbation / Sexual Intercourse
4. Were there any collection or transport problems such as exposure to extreme temperatures? (*circle one*)    Yes / No
5. Has the specimen been maintained at body temperature? (*circle one*)      Yes / No