Approved and current. Effective starting 12/1/2022. 21563.1016 (version 1.1) Semen Analysis Collection Instructions



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SEMEN ANALYSIS COLLECTION INSTRUCTIONS COMPLETE SEMEN ANALYSIS (QUANTITATIVE)

(not to be used for post vasectomy analysis)

SAMPLES FOR SEMEN ANALYSIS TESTING ARE ONLY TESTED ON MONDAYS, WEDNESDAYS, AND FRIDAYS FROM 6 AM TO 6 PM

(Samples received during any other times will be discarded and will need recollected)

CAUTION: For accurate test results, read Patient Instructions completely before performing this test.

Test Precautions:

➔ For accurate results, please refrain from sexual intercourse and masturbation for between 2 and 7 days prior to collection.

Specimen Collection:

- Produce the sample by masturbation without artificial lubrication. When collection by masturbation is not possible, special lubricant-free condoms from Milex Products, Inc, may be used.
- 2. Collect the sample in a clean, wide-mouth container made of glass or plastic. It is important that the whole ejaculate be collected. If not, the sample should be labeled "incomplete" and the laboratory staff should be informed
- 3. Label the specimen with your <u>Name</u>, <u>Date of Birth</u>, <u>Collection Date</u> and <u>Collection</u> <u>Time</u>.
- 4. As soon as possible, and within 1 hour of collection, sample is to be delivered to the laboratory. Specimen should be kept as close to the body as possible to keep the specimen warm and any spermatozoa viable.

 Patient Name:
 ______ Date:
 _____ Collection Time:

 1. How many days abstinence prior to collection?

 2. Type of specimen container (circle one):
 Wide mouth plastic cup / Condom

 3. Method of Collection (circle one):
 Masturbation / Sexual Intercourse

 4. Were there any collection or transport problems such as exposure to extreme temperatures? (circle one)
 Yes / No

 5. Has the specimen been maintained at body temperature? (circle one)
 Yes / No